

**Graduate Course Evaluation for Eileen Troberman
Department of Theatre & Dance**TDGR 239 - Skills
Section ID 917624
Section Number A00
Fall 2017**Number of Evaluations Submitted: 7
Number of Students Enrolled: 8**

1. What is your reason for taking this class?

6 (100.0%): Core Course Requirement
0 (0.0%): Subject Area Requirement
0 (0.0%): Elective
0 (0.0%): Interest
1: [No Response]

2. The Instructor was clear about course expectations.

4 (66.7%): Strongly Agree
2 (33.3%): Agree
0 (0.0%): Neither Agree Nor Disagree
0 (0.0%): Disagree
0 (0.0%): Strongly Disagree
1: [No Response]

3. The Instructor was well-prepared for class.

4 (66.7%): Strongly Agree
1 (16.7%): Agree
1 (16.7%): Neither Agree Nor Disagree
0 (0.0%): Disagree
0 (0.0%): Strongly Disagree
1: [No Response]

4. The Instructor organized class activities in a way that promoted learning.

4 (66.7%): Strongly Agree
2 (33.3%): Agree
0 (0.0%): Neither Agree Nor Disagree
0 (0.0%): Disagree
0 (0.0%): Strongly Disagree
1: [No Response]

5. The Instructor promoted and encouraged questions and discussion.

6 (100.0%): Strongly Agree
0 (0.0%): Agree
0 (0.0%): Neither Agree Nor Disagree
0 (0.0%): Disagree
0 (0.0%): Strongly Disagree
1: [No Response]

6. The Instructor provided feedback (written/oral) in a way that promoted learning.

6 (100.0%): Strongly Agree
0 (0.0%): Agree
0 (0.0%): Neither Agree Nor Disagree
0 (0.0%): Disagree
0 (0.0%): Strongly Disagree
1: [No Response]

7. The Instructor was accessible to students outside of class (office hours, e-mail, etc.).

5 (83.3%): Strongly Agree
1 (16.7%): Agree
0 (0.0%): Neither Agree Nor Disagree
0 (0.0%): Disagree
0 (0.0%): Strongly Disagree
1: [No Response]

8. I would recommend this instructor overall.

6 (100.0%): Strongly Agree
0 (0.0%): Agree
0 (0.0%): Neither Agree Nor Disagree
0 (0.0%): Disagree
0 (0.0%): Strongly Disagree
1: [No Response]

9. What is your overall rating of the Instructor?

6 (100.0%): Excellent
0 (0.0%): Above Average
0 (0.0%): Average
0 (0.0%): Below Average
0 (0.0%): Poor
1: [No Response]

10. General comments about the Instructor's performance

Please keep your comments constructive and professional, abiding by the Principles of Community

- Eileen is a caring and nurturing instructor.
- Eileen is a gem, a light, and truly so much fun to work under her tutelage.
- Eileen is a wonderful presence and a delight to work with. She's very open and very helpful when it comes to utilizing the technique in specific circumstances.
- Eileen is absolutely wonderful and knows exactly what she is talking about. She can look at you and know where you hold tension in your body, and tell immediately how to help you lose that tension and then can see when you do lose that tension.
- I have never learned so much in such a short amount of time. This class has saved me in more ways than one. Eileen's teachings are like a magic trick. Day by day she works on one small thing, yet subconsciously that one thing affects every other thing we are doing in all of our other classes. She knows exactly what she is doing.
- This instructor is one of the kindest human beings I have ever met. Class with her was a joy! She is so well versed on The Alexander Technique that there was no question asked that she did not know the answer too.

11. I would recommend this course overall.

6 (100.0%): Strongly Agree
0 (0.0%): Agree
0 (0.0%): Neither Agree Nor Disagree
0 (0.0%): Disagree
0 (0.0%): Strongly Disagree
1: [No Response]

12. What is your overall rating of this course?

6 (100.0%): Excellent
0 (0.0%): Above Average
0 (0.0%): Average
0 (0.0%): Below Average
0 (0.0%): Poor
1: [No Response]

13. What were the particular strengths of this course?

- Alignment of the body
- Eileen's presence, kindness, and openness.
- Her awareness of what each student needs individually. Plus knowing what we need as a collective
- She catered to the specific needs of each student., while still promoting learning lessons for the whole class.
- The strengths of this course are that Eileen first gives us the laydown on how to find ease, and then allows us to bring activities from shows and classes that would bring tension and she helps us do things in such a way so that we can do it repeatedly and not develop pains from it.

14. What suggestions do you have for making this course more effective?

- A little more structure may help in terms of time management. Knowing that we need an activity for the next class would be good so that we come in with something a lot more helpful and not have to come up with it right then in the moment. But otherwise, great.
- A more specific lesson plan for daily classes to promote the maximum amount of learning in a quarter.
- I think it's great as is.
- This class should continue throughout our 3 years at this school. It is very important and what we learn helps our growth in every other class, from yoga, to speech to voice, to process, etc.

15. What one concept did you take from this class that will shape your future?

- Ease.
- Everything
- How easy is my neck? Simply noticing has more power than we could imagine.
- How easy is my neck? This one question to myself can have the capacity to realign the body and allow for my awareness.
- I'm learning how to find ease in every activity I do, which is paramount to the future. Allowing me to do things with ease will allow me to do multiple shows a week and not develop pains or lose my voice from those activities, which do happen all the time. It will also allow me to react the most naturally and openly.

16. Do you have any other comments to add to your evaluation?

Please keep your comments constructive and professional, abiding by the Principles of Community

- She's so lovely
- Thank you Eileen!

Please note that any responses or comments submitted by evaluators do not necessarily reflect the opinions of instructors, Theatre & Dance, Academic Affairs, or UC San Diego. Responses and comments are made available without auditing or editing, and they may not be modified or deleted, to ensure that each evaluator has an opportunity to express his or her opinion.

**Graduate Course Evaluation for Eileen Troberman
Department of Theatre & Dance**TDGR 239 - Skills
Section ID 869900
Section Number B00
Spring 2016**Number of Evaluations Submitted: 8
Number of Students Enrolled: 9**

1. What is your reason for taking this class?

6 (75.0%): Core Course Requirement
2 (25.0%): Subject Area Requirement
0 (0.0%): Elective
0 (0.0%): Interest

2. The Instructor was clear about course expectations.

8 (100.0%): Strongly Agree
0 (0.0%): Agree
0 (0.0%): Neither Agree Nor Disagree
0 (0.0%): Disagree
0 (0.0%): Strongly Disagree

3. The Instructor was well-prepared for class.

8 (100.0%): Strongly Agree
0 (0.0%): Agree
0 (0.0%): Neither Agree Nor Disagree
0 (0.0%): Disagree
0 (0.0%): Strongly Disagree

4. The Instructor organized class activities in a way that promoted learning.

8 (100.0%): Strongly Agree
0 (0.0%): Agree
0 (0.0%): Neither Agree Nor Disagree
0 (0.0%): Disagree
0 (0.0%): Strongly Disagree

5. The Instructor promoted and encouraged questions and discussion.

8 (100.0%): Strongly Agree
0 (0.0%): Agree
0 (0.0%): Neither Agree Nor Disagree
0 (0.0%): Disagree
0 (0.0%): Strongly Disagree

6. The Instructor provided feedback (written/oral) in a way that promoted learning.

8 (100.0%): Strongly Agree
0 (0.0%): Agree
0 (0.0%): Neither Agree Nor Disagree
0 (0.0%): Disagree
0 (0.0%): Strongly Disagree

7. The Instructor was accessible to students outside of class (office hours, e-mail, etc.).

7 (87.5%): Strongly Agree
1 (12.5%): Agree
0 (0.0%): Neither Agree Nor Disagree
0 (0.0%): Disagree
0 (0.0%): Strongly Disagree

8. I would recommend this instructor overall.

8 (100.0%): Strongly Agree
0 (0.0%): Agree
0 (0.0%): Neither Agree Nor Disagree
0 (0.0%): Disagree
0 (0.0%): Strongly Disagree

9. What is your overall rating of the Instructor?

8 (100.0%): Excellent
0 (0.0%): Above Average
0 (0.0%): Average
0 (0.0%): Below Average
0 (0.0%): Poor

10. General comments about the Instructor's performance

Please keep your comments constructive and professional, abiding by the Principles of Community

- Amazing! Eileen has helped me more in this quarter than I could have imagined. She was always excited, and ready to help us with anything we could think of.
- Eileen is a wonderful teacher. Kind, caring, attentive, funny and very invested in her students.
- Eileen is AMAZING!!! Kind, lovely, patient, supportive, class is such a safe place for us to learn to understand Alexander technique. Eileen comes to see each and every show we are in, just so she can see us in action and be able to suggest us in class on how to release our tension from our body. Eileen makes the most abstract subject easy for us to understand by telling us her personal stories, it's very generous of her. We don't feel pressure to have to get it right away, but over time, we develop our understanding over the subject under her guidance.
- She's amazing! Very patient and knows what she's doing!
- The teacher is amazing and wonderful energy...
I love her class.
- This class is so great! Alexander should be a core class for the school. I learned so much about physical life from this class. Eileen is an absolute joy.
- Very attentive and clear in instructing new concepts.

11. I would recommend this course overall.

8 (100.0%): Strongly Agree
0 (0.0%): Agree
0 (0.0%): Neither Agree Nor Disagree
0 (0.0%): Disagree
0 (0.0%): Strongly Disagree

12. What is your overall rating of this course?

8 (100.0%): Excellent
0 (0.0%): Above Average
0 (0.0%): Average
0 (0.0%): Below Average
0 (0.0%): Poor

13. What were the particular strengths of this course?

- Everything! Some specifics were 'lifting', which has helped me in daily life, and when I act, and also learning to think into your body, and not necessarily wait for it to feel 'right'.
- Learning how to optimize the use of my body in daily work and relaxation.
- Singing, scene work and walking
- The recognition of our daily habits, and the opportunity to correct them through the the anatomical and perceptive understanding of internal body (organs, bones, muscles, liquids) through the observation and listening to our bodies we can project our presence in space and be part of everything.
- This course saved my life in the play I was working on at the time. Several challenging physical elements were preventing me from really being able to live a full, honest life on stage and Eileen was able to work on me with them and I was finally able to find a way in that worked for me. A huge strength of this course is her emphasis on its practicality, and opportunity almost every class to bring in a scene from class or from a play, or some small activity from daily life and work on it within the context of Alexander.
- We learn how to conduct our simplest movement in the proper way with least tension possible, which helps with the present on stage and also ease our body, release us from the usual tension we were trained to be in since we learn how to sit/ walk/ talk/ sing.

14. What suggestions do you have for making this course more effective?

- Having it every quarter! Alexander has put me into my body so effectively, that I wish I could do more of it. I've done things this quarter that I would never have been able to do without Eileen, and I think it's important to continue that journey.
- None, it's great!

15. What one concept did you take from this class that will shape your future?

- Cancelling and breathing!!!
- Not waiting for something to feel 'right', because 'right' is so subjective. What feels right to me could just be from years of habit, and what's actually good for my body could feel totally weird, so I have to let that go, and just think it.
- Release and cancellation! Releasing and cancelling tension by just thinking about it.
- Release up!
- the difference between realize and relaxing...Is not about control, force or tension is about direction, where is my body in space and how.
- To always lead with my head up and forward, and it should be easy, with no tension. Don't think about the "right" feeling but just with thinking to do it in the right way.

16. Do you have any other comments to add to your evaluation?

Please keep your comments constructive and professional, abiding by the Principles of Community

- Actors need this course every quarter. Things we learned in this class were DIRECTLY applied to work we do in other classes or shows and we were able to crack things in this room that we were not able to in rehearsal or by ourselves.
I must re-iterate that we need this class every quarter.
- it will be nice to have her teaching also for dancers....
- Thank you so much Eileen for a wonderful quarter! I have learned so much from you, things that I'm already utilizing, and I will forever be grateful for that.
Have a wonderful summer!

Please note that any responses or comments submitted by evaluators do not necessarily reflect the opinions of instructors, Theatre & Dance, Academic Affairs, or UC San Diego. Responses and comments are made available without auditing or editing, and they may not be modified or deleted, to ensure that each evaluator has an opportunity to express his or her opinion.

**Graduate Course Evaluation for Eileen Troberman
Department of Theatre & Dance**TDGR 239 - Skills
Section ID 883706
Section Number A00
Fall 2016**Number of Evaluations Submitted: 10
Number of Students Enrolled: 10**

1. What is your reason for taking this class?

8 (80.0%): Core Course Requirement
2 (20.0%): Subject Area Requirement
0 (0.0%): Elective
0 (0.0%): Interest

2. The Instructor was clear about course expectations.

8 (80.0%): Strongly Agree
2 (20.0%): Agree
0 (0.0%): Neither Agree Nor Disagree
0 (0.0%): Disagree
0 (0.0%): Strongly Disagree

3. The Instructor was well-prepared for class.

9 (90.0%): Strongly Agree
1 (10.0%): Agree
0 (0.0%): Neither Agree Nor Disagree
0 (0.0%): Disagree
0 (0.0%): Strongly Disagree

4. The Instructor organized class activities in a way that promoted learning.

7 (70.0%): Strongly Agree
2 (20.0%): Agree
0 (0.0%): Neither Agree Nor Disagree
1 (10.0%): Disagree
0 (0.0%): Strongly Disagree

5. The Instructor promoted and encouraged questions and discussion.

9 (90.0%): Strongly Agree
1 (10.0%): Agree
0 (0.0%): Neither Agree Nor Disagree
0 (0.0%): Disagree
0 (0.0%): Strongly Disagree

6. The Instructor provided feedback (written/oral) in a way that promoted learning.

9 (90.0%): Strongly Agree
1 (10.0%): Agree
0 (0.0%): Neither Agree Nor Disagree
0 (0.0%): Disagree
0 (0.0%): Strongly Disagree

7. The Instructor was accessible to students outside of class (office hours, e-mail, etc.).

8 (80.0%): Strongly Agree
2 (20.0%): Agree
0 (0.0%): Neither Agree Nor Disagree
0 (0.0%): Disagree
0 (0.0%): Strongly Disagree

8. I would recommend this instructor overall.

9 (90.0%): Strongly Agree
1 (10.0%): Agree
0 (0.0%): Neither Agree Nor Disagree
0 (0.0%): Disagree
0 (0.0%): Strongly Disagree

9. What is your overall rating of the Instructor?

10 (100.0%): Excellent
0 (0.0%): Above Average
0 (0.0%): Average
0 (0.0%): Below Average
0 (0.0%): Poor

10. General comments about the Instructor's performance

Please keep your comments constructive and professional, abiding by the Principles of Community

- A master in Alexander. Awesome experience. Magic hands.
- Clear, effective, concise and insightful communication of objectives with respect to Alexander Technique and its applications to performance. Remarkable poise and care for her students.
- Eileen is a master of alexander! She really knows what she's doing and is so confident in the efficacy of the work that it translates directly into us easily!
- Eileen is a wonderful teacher and I'm so thankful to have had her.
- Eileen was one of the most present and caring instructors of this quarter. She promoted a lot individual work inside and outside of the classroom, and consistently made an effort to check in. Her classes allowed the students to use the work we were doing in other classes as our own class project, which encouraged us to apply the practice outside of the classroom.
- How are you even real! I release just by seeing you! You Are Magic!!
- She is excellent.

11. I would recommend this course overall.

8 (80.0%): Strongly Agree
2 (20.0%): Agree
0 (0.0%): Neither Agree Nor Disagree
0 (0.0%): Disagree
0 (0.0%): Strongly Disagree

12. What is your overall rating of this course?

8 (80.0%): Excellent
2 (20.0%): Above Average
0 (0.0%): Average
0 (0.0%): Below Average
0 (0.0%): Poor

13. What were the particular strengths of this course?

- Acting requires release of a performer, learning how to do this is invaluable and necessary. Eileen is able to guide a student through a personal and specific process of achieving and considering goals for themselves in a way that is rare and inspiring.
- anatomical/physical associations
individual attention
using outside contact to attach to class form
- Eileen allows for students to experience alexander in their own way, at their own pace and with a wonderful breadth of applicability. I know how to use alexander in a really different way now.
- Everything.
- She wanted us to really feel the Alexander technique. She spent a lot of time each class one on one with all of us.
- Transformed the way I think about my body and movement.
- You are the strength! I feel stronger because of you.

14. What suggestions do you have for making this course more effective?

- Because Alexander is so individual, I think it would be helpful to set ground rules of practicing what the individual is practicing or using each other as mirrors to tell us what they saw as we work.
- Get it for more than 1 quarter.
- I want more Alexander. In the best of all possible worlds we would have this all three years.
- More of it. More than one quarter. Once per year at LEAST
- Perhaps there is a better way to organize the material? It seems people would get easily distracted when not working directly with the instructor
- We need more exposure to the material.
- We need more of this class!

15. What one concept did you take from this class that will shape your future?

- Free my neck! Also move at my own pace.
- Habits are often adopted by an individual for a self protective or self preserving reason. Judging them is not as effective as understanding the reason that lies behind them, to the end of remedying them and growing as a person.
- How to release
- Lengthen your neck.
Release the top of the head.

Yielding in the feet.
Whispered ahhh

- Position of the head in relation to the rest of the body; the body as one piece of fabric
- Release the neck. So much.
- Release.

16. Do you have any other comments to add to your evaluation?

Please keep your comments constructive and professional, abiding by the Principles of Community

- How are you even real!?
- Keep this woman. She is a genius and we need it more than 1 quarter.
- Please consider having Alexander every year of the training. It's invaluable and one quarter is not nearly enough.
- Thank you Eileen
- This course should be expanded to at least three quarters, rather than one.
- Yes!!!! Just yes.

Please note that any responses or comments submitted by evaluators do not necessarily reflect the opinions of instructors, Theatre & Dance, Academic Affairs, or UC San Diego. Responses and comments are made available without auditing or editing, and they may not be modified or deleted, to ensure that each evaluator has an opportunity to express his or her opinion.